

Tuckahoe Torch



Tuckahoe Presbyterian Church
7000 Park Avenue
Richmond, VA 23226-3624
Phone: 282-2860

VOLUME 55 Number 2

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"VALENTINE'S DAY"



CAN BE

A TIME TO REMEMBER THAT

LOVE CONQUERS ALL

The love for equals is a human thing — of friend for friend, brother for brother. It is to love what is loving and lovely. The world smiles.

The love for the less fortunate is a beautiful thing — the love for those who suffer, for those who are poor, the sick, the failures, the unlovely. This is compassion, and it touches the heart of the world.

The love for the more fortunate is a rare thing — to love those who succeed where we fail, to rejoice without envy with those who rejoice, the love of the poor for the rich The world is always bewildered by its saints.

And then there is the love for the enemy — love for the one who does not love you but mocks, threatens and inflicts pain. The tortured's love for the torturer. This is God's love. It conquers the world.

Frederick Buechner,
The Magnificent Defeat

MESSAGE FROM OUR SUPPLY PASTOR

Dear Friends of Tuckahoe Church,

I want to express my profound appreciation to you for the past several months serving as your temporary supply pastor. It has been a delight to share the Advent and Christmas Season with you. It has been inspiring to be part of a new calendar year with you. And it has been very gratifying to see the good work of the leadership of the church during this time of transition. The future of Tuckahoe is bright and very promising. There will be changes a-coming as it always occurs in any transition; however, the strong foundation upon which this church has been built will carry it well into the future.

I am delighted that the Session will receive a report and act on calling the Interim Pastor at their January Stated Meeting. I am delighted with the candidate and you will come to love him very much in your time together. Just remember, you are dating this person with the clear understanding that you will "Break up" before any marriage might occur. In the Presbyterian system, Interim Pastors may not be the next installed pastor. The reasoning is very sound...for the work of the interim pastor is to prepare the congregation for the next pastor, not work to keep a job. It is a job that calls upon the pastor to 'tread where angels fear to tread' - - dealing with sacred cows or special practices of a congregation and see if they need to continue or if they need to change. By dealing with various issues in the life of the church, the interim pastor can help a congregation determine who and what they are to be so that the new pastor does not have to deal with such matters and is free to love and learn from the congregation.

My prayers continue with and for you as a congregation - - your vision and priorities which will be shared from the leadership in February provide a sound direction to move forward as a faithful community of believers. I look forward with eagerness to watch the progress and mission of the Tuckahoe congregation. May God continue to bless and keep each of you in a very special way.

With Christ's love,

H. Carson Rhyne, Jr.

New Adult Sunday School Class to begin February 13

"Bible Stories Through the Scriptures and Devotional Study" will begin the second Sunday on February in Wilson Hall, ending in May 2012. (We break for this coming summer.) 52 stories, 52 wee

Approximately 24 members will participate in what will prove to be a popular, new style Sunday School class: there will be daily readings, 5 to 10 minutes, based upon the story of the week.

The stories will challenge everyone's faith wherever each person is in their faith journey. "Participatory" will be the key word, as class members share their responses and new insights to the Bible's and book authors' challenges.

Class members: To be ready for the first class, please pick up your book, The 52 Greatest Stories of the Bible, in the Fellowship Hall following the February 6 Worship Service. **Good news!** We have several extra books for even more members to participate. See or call Matthew Mahoney, Barbara Keatts, or Bill Vogel as soon as possible!

Experience the opportunities to let God speak to you through the Bible, where you are in your faith journey. In John 14:26, Jesus said, "The ... Holy Spirit ... will teach you everything, and remind you of all I have said to you."
~ Christian Formation Division

Explore the Heart of Christianity

Introducing a five week Wednesday Night Supper program series, leading up to Easter, reading and exploring Philip Yancey's "**What's So Amazing About Grace?**" Join us on Wednesday nights, March 16, 23, and 30, and April 6 and 13, as together we explore God's gift of grace and our role in grace here on Earth. "What's So Amazing About Grace?" is filled with stories and insights on love, suffering, relationship, and our connection with God. A video presentation will serve to introduce each week's exploration, followed by table discussions. For more information, or to reserve a copy of "What's So Amazing About Grace?" please contact Matthew Mahoney at 282-2019 or mkielm@yahoo.com.

LENTEN SMALL GROUPS

Steven Good

As the TPC Vision Team met in November and December to consider the implications of our congregational vision process, I began to notice a significant trend. There's a deep desire for Tuckahoe to become a community that fosters the kind of generative friendships that enable her members to pursue Christ in the ordinary. This makes perfect theological sense. After all, God created us with the intention that we form relationships with him and with one another. As such, these relationships form the core of our humanity. To be human is to have an innate longing to know and be known. In virtually every community in which I've been a part, these kinds of deep intimate relationships prove elusive. But I think they are vital to the life of discipleship. Consider Jesus' words to his disciples before his betrayal and arrest: "This is my commandment, that you love one another as I have loved you. No one has greater love than this, than to lay down one's life for one's friends. You are my friends if you do what I command you. I do not call you servants any longer, because the servant does not know what the master is doing; but I have called you friends, because I have made known to you everything that I have heard from my Father" (John 15:12-15). Disciples are called to love each other with the kind of intimate, sacrificial love that Christ models for them.

I've been spending some time thinking about how these kinds of life-giving relationships are formed. I recently was up in DC with Graham visiting one of my very best friends from college. Periodically, when one is driving on I-95 the mind wanders, and I found mine recounting some of the details of how exactly it came to be that this particular friend and I have been able to stay so close for twelve years. I then started thinking about my other best friend and how it is that he came to mean enough to become my daughter's namesake. It struck me that the only thing that these two have in common (neither of these friends believed the other was a real person until they sang karaoke together the night before my wedding) is that our relationships were born out of the intense and spiritually intimate environment of two very different small group bible studies.

My faith was resurrected as the result of the small group ministry in which I met the first friend. The call to ministry began to crystallize as a result of the small group in which I participated with the second.

It's difficult to describe what it is that caused such bonds to form. When I think about the folks from MNBS (Monday Night Bible Study) I couldn't tell you we were on the same page theologically (sometimes, perhaps, not even the same book). There was, nevertheless a deep desire to understand the strange world of this first century Jewish rabbi. As we wrestled with the scriptures and prayed for each other, week after week, year after year, we became an indispensable part of each other's lives.

As a congregation we've had some recent success with small groups. Over 100 of our members joined together to engage with and be challenged by the scriptures as we sought to discover anew where and how God is leading our congregation as we experience this time of transition. By all accounts we've heard what a joyful experience it was for those who were able to set aside some time to meet, study, and pray with one another. In the near future, we'd like to build on the momentum gathered by this recent congregational experiment and reconstitute these small groups during the 40 days of Lent (March 9-April 24).

For those who may not have participated in the vision groups, a small group consists of 3-15 people who meet regularly to encourage each other in their spiritual journeys. By providing a safe atmosphere for people to get to know others and be known, small groups are an ideal place to experience genuine connection, grace, and truth.

More information will be rolling out in the weeks following our newsletter publication, but I wanted to take a few moments to give a plug for our 2011 Lenten Small Groups and share a bit about why I feel that small groups are an invaluable part of our Christian journey.

ABOUT OUR MEMBERS



Ginny Creech wishes to thank all of those who have sent her cards and flowers, also those who have called and visited and special thanks to those who offered prayers on her behalf. Ginny says she is doing so much better and hopes to be back among those she loves very soon.



We send our sympathy to the **family of Mort Lancaster** who died on January 12, 2011. A Memorial Service was held on January 15th here at the church, Dr. Charlie Brown presiding. Mort was Clerk of Session at our church for many years. Cards of condolence can be sent to his son, Robert Lancaster, 9601 January Way, Henrico, VA 23238.

Our sympathy goes to the family of Rocky and Sally Laha on the death of their son, Rob, on December 19, 2010. Cards can be sent to them at 4313 Agnew Avenue, Alexandria, VA 22309.

We also send our sympathy to the family of Dr. Lewis Rogers who died December 24, 2010. A private graveside service was held on December 28, 2010, with Dr. Charlie Brown presiding. Cards of sympathy can be sent to his daughter, Alice Yoder, at 828 Blackburn Court, Charlotte, NC 28209.

WEDNESDAY NIGHT PROGRAMMING

Thanks to all who came out for Wednesday Night Supper in January. It was a good start to the year. Below find some of the programs that will be offered in conjunction with Tuckahoe's Wednesday Night Supper. Please come out on Wednesday nights to enjoy food and fellowship starting at 6:00 P.M., and the scheduled programs, usually starting at 6:30 P.M. If you have any suggestions or questions regarding programming or this fellowship experience please feel free to contact me or any member of the Christian Formation Division or Fellowship Committee.

Thank you, Matthew Mahoney

Feb. 16 - Rita Girouard Mertig, MS, RNC, CNS. Mrs. Mertig is the author of numerous books on diabetes and will discuss this chronic disease. Read more below about Rita Mertig and diabetes.*

Feb. 23 - Mr. Mark Hare, Presbyterian Missionary. Mr. Hare will discuss his experiences in Haiti over the past several years.

***Diabetes - What You Need to Know - A Wednesday Night Program**

A stunning 23.6 million Americans — 7.8 percent of the U.S. population — have diabetes. According to the CDC, nearly a quarter of those with diabetes are undiagnosed and, as of 2007, an estimated 57 million American adults had prediabetes, a condition associated with an increased risk of developing type 2 diabetes, heart disease, and stroke. Diabetes can lead to serious complications, including blindness, kidney damage, cardiovascular disease, peripheral neuropathy, and lower-limb amputations. Find out more about diabetes when Rita G. Mertig joins us on February 16th for a Wednesday night supper to discuss her extensive knowledge of the disease and her latest book on the topic: *What Nurses Know...Diabetes*. Ms. Mertig, a registered nurse of 43 years, has written several books on the topic of diabetes, as well as nurse education. She has also lived with Type 1 diabetes for 25 years. Supper reservations can be made with Sabrina at 282-2860. Dinner at 6:00 P.M., program starts at 6:30.

CHURCH BUILDING INCLEMENT WEATHER POLICY FROM THE PRPROPERTY DIVISION

In the event of inclement weather Monday - Friday, the standard will be to follow the direction of the Henrico County Public Schools on deciding if the Church Office will be open or have a delayed opening. If the inclement weather occurs over the weekend the decision to cancel/delay church services will be made by the Head of Staff in conversation with the Property Division and made known on local TV stations or by message on the church voice mail.



WITHIN THE CHURCH

SH-H-H – QUIET PLEASE

The Fellowship committee asks that you mark your calendars for **March 19, 2011, 6 pm** as we resume our Mystery Dinners. So far, we have heard only good things about our Mystery Dinners, so read on and consider signing up to be either a **HOST** or a **GUEST!**

Guess Who's Coming to Dinner

How it works:

Sign up to **Host** 4, 5, 6, or 8 people for dinner, OR sign up to **Attend** dinner. **Hosts** will NOT know who their guests will be ... **Guests** will NOT know (until the day before dinner) where they will be going. No one will know who the other guests will be at their dinner. (You **MUST** be able to keep a secret, so you cannot tell anyone that you are hosting or attending this dinner). **MUM'S THE WORD!!**



The meal does not have to be fancy. If you like, you can sit around in your family room and have pizza or barbecue. Just think "Fellowship" and do what makes you comfortable. There is yet another benefit - **babysitting will be provided at the church from 5:30 pm to 8:00 pm.**

After dinner, all hosts and guests will gather at church around 8:15 p.m. for coffee and dessert.

Sign up now! If you would like to host or attend dinner, get in touch with **Amy Glass** at home, **379-3072**, or e-mail her at **akglass@hotmail.com**, or use the **signup sheet** on Page 11 and leave it in the box marked "**GUESS WHO'S COMING TO DINNER**" in the Parlor.

WEBSITE 3.0

Our congregational website

(www.tuckahoepres.org)

is scheduled to receive a facelift by March of this year. This will be the second major re-design in three years and will include moves to a new content management system and webhost. The navigation and features implemented with the 2008 redesign (downloadable newsletters, sermons, etc., interactive calendar) will receive considerable upgrades, and we are exploring ways to integrate social media (facebook, twitter, YouTube) functionality to expand our online presence and connect with new folks. These social media outlets are also a convenient and quick means to provide additional communication of important events and news updates to our members who use them.

It is our hope that the new website will help to fill a void in our current communication structure. Ideally, if there are any forms that members need, changes to policy or office closures that members need to be made aware of, that information will be made available in one or two mouse clicks on the website. In the near future, we'll be looking for people who are interested in helping TPC improve the way that information is shared in and around our congregation to join a newly constituted media/communication team, of which management of the website will play a part. If you have any suggestions regarding content to be added or simply want to chat about how to get the most out of our website, please call, e-mail, or schedule an appointment with Steven Good.

LUNCH BUNCH

The **LUNCH BUNCH** is scheduled for February 14 (Valentine's Day) - so be sure to mark your calendar and join us for a good time together. Don't forget to bring non-perishable food items from your pantry for the **LAMB'S BASKET** pantry. Food collection for LAMB'S BASKET for January was 82 lbs. This was from the congregation and from Lunch Bunch. And don't forget to "Thank" the ladies who give of themselves in preparing this luncheon. Sometimes it is easy to forget those whose hard work makes this possible.

**REPRINT
NEW LEADERSHIP
FOR TPC'S CARITAS PROGRAM
NEEDED**

It is time to bring a fresh perspective and a burst of additional energy to one of Tuckahoe Presbyterian Church's outreach programs, our Family Focus CARITAS week. Our church has hosted CARITAS guests for over twenty years. Our recently completed edition of this program (November 27 – December 4) attracted ninety-nine members of our congregation to assist in implementing the program. Dick Mateer has served as the coordinator of the program for the last eight years. Because of the time required to perform the responsibilities of the Treasurer's position as well as his involvement in several other church activities, he must pass the coordinator responsibility to another individual or individuals. In his opinion, a multipurpose leadership team might be the best approach to improve our CARITAS program. Dick is willing to discuss this leadership opportunity with interested individuals and is willing to consult with the leadership team in its first year. In 2011, our CARITAS guests will be with us during the period November 26 - December 3. Please contact Dick at church, by phone, or by e-mail.

**by phone 270-6932,
e-mail (rmateer@richmond.edu).**

**REMINDER
Save the Date
March 20
Youth Group Talent Show & Brunch**

The Youth Group is planning a Talent Show & Brunch to raise funds for the mission trip this summer. Save the date for March 20, 2011 immediately following Worship. Youth and Adults will entertain you with a great show. Sarah Sommers will co-direct with her Youth co-director. The food will be excellent and tips will be appreciated.

MEET THE NEIGHBORS!



I would like to introduce everyone to one of Tuckahoe's neighbors: Leslie Howard. Leslie grew up in Northern Virginia in Fairfax County and transferred to Richmond with her job in 1982. She has been one of Tuckahoe's neighbors for the past 2 ½ years.

Leslie has an 11-year-old son, a dog and two cats and is engaged to be married. She is a manager and risk analyst for Suntrust Mortgage. Her job is to work with mortgage insurance companies to secure payments for claims on defaulted mortgages – a challenging job in the current economy.

We are lucky to have Leslie as the Neighborhood Watch Coordinator. She invites anyone who wants to attend a meeting to come on down! The next quarterly meeting is February 10th at 7:00 at the church. When I asked Leslie what she likes about the neighborhood her reply was that she likes the charm and nice setting. The neighborhood is quiet and she feels safe here.

Leslie considers herself a homebody. When she can find some free time she likes to go to consignment shops and yard sales. She was able to attend our church yard sale this summer and found many great bargains. She also likes to work in her yard and is proud of her summer vegetable garden.

Thanks to Leslie for being our first featured neighbor!

**YOUTH SCHEDULE FOR THE MONTHS OF
FEBRUARY AND MARCH**

February

5: POJ Rally to Serve
6: Souper Bowl Party
(12:30 - 3:30)
13: Youth Group
20: Youth Group
27: Youth Group

March

6: Youth Group
(worship service)
13: Youth Group
19: Fundraising Prep
20: Youth Mission &
Conf. Fundraiser
27: Youth Group

Good Food Moods to Fight the Winter Blues

By: Virginia Cullop, RD

You probably have heard the expression “you are what you eat.” If you find yourself cranky and tired, you may be able to boost your mood by changing what you eat and when you eat. Certain foods are key components in the manufacture of powerful brain chemicals, called neurotransmitters. Neurotransmitters such as serotonin, dopamine, and norepinephrine may jog your memory, improve performance, improve sleep and boost your mood.

The following mood-boosting strategies may give you a jump-start to a healthy new year.

1. Limit refined carbohydrates.

- Refined white starch like white bread, crackers, bagels and rice are digested quickly, leading to a dip in energy and rebound hunger a few hours later.
- Concentrated sources of sugar like soda, candy, fruit juice, jam and syrup can also create radical spikes (and drops) in your blood sugar, which leaves you feeling cranky and tired.

Good mood foods:

- To lessen volatile blood sugar swings, include high-quality carbohydrates such as vegetables, fruit, legumes, brown or wild rice and oatmeal.
- High quality carbs trigger the release of serotonin which enhances calmness, improves outlook, and may lessen feelings of depression.
- Foods rich in soluble fiber such as flaxseeds, oats, barley, apples, pears, sweet potatoes, peas and beans help slow down the absorption of sugar in your blood, potentially lessening mood swings.

2. Incorporate protein with meals.

The addition of protein to a meal or snack will help slow the absorption of carbohydrate in the blood. Dopamine and norepinephrine are released after eating protein, making you feel more alert and focused for hours after eating.

Good mood foods:

- Choose heart-healthy lean protein such as skinless poultry, seafood, round or loin cuts of red meat, tofu, quinoa, eggs, and low-fat dairy.

3. Boost your intake of Omega-3's.

Foods rich in omega-3 fatty acids can be mood-lifting.

Good mood foods: Choose oily fish (salmon, Atlantic mackerel and sardines), ground flaxseeds, walnuts, canola oil, soy nuts and omega-3 fortified eggs.

4. Get your B-vitamins.

- Folate and vitamin B12 may influence mood by playing a role in serotonin production. Studies have shown that low blood levels of these vitamins are sometimes related to depression.

Good mood foods rich in folate: fortified whole grain breakfast cereals, lentils, black eyed peas, soybeans, oatmeal, mustard greens, beets, broccoli, sunflower seeds, wheat germ and oranges.

Good mood foods rich in vitamin B12:

shellfish, wild salmon (fresh or canned), fortified whole grain breakfast cereal, lean beef, low-fat dairy, and eggs.

5. Maintain a stable blood sugar, no big swings. This means frequent small meals and snacks, every four hours or so.

Eating every 4 to 5 hours throughout the day provides your brain and body with a constant source of fuel. This eating strategy can dramatically prevent dips in your blood sugar and it's easy to do! Eat breakfast within 90 minutes of waking up

6. Stay hydrated and exercise.

Dehydration and fatigue go hand-in-hand. The solution is simple- drink plenty of water (fruits and vegetables count towards your daily fluid intake!) or other unsweetened beverages at regular intervals. Studies indicate that regular exercise can relieve depression and trigger physiological changes that make more energy available throughout the day.

If this type of eating pattern is new to you, keep in mind that improvements in your mood may take a few weeks....but you will ultimately feel better.



Vacation Bible School 2011 What EVERYONE Needs to Know NOW

Yes, it's only February, but as most of you know, planning for VBS begins in late fall. No one needs "too much information" at this time, but there are tasks that need to be done now, a volunteer sign-up display in Duntreath Hall for *all* ways to help, and dates of "the week" that should be marked on everyone's calendars.

WHEN: JULY 18 – 22 AGES: 3 years old – rising 5th grade
THEME: Shake it Up Café – Where Kids Carry Out God's Recipe

In this kid-friendly café full of chef's hats and aprons, pots and pans, checkered tablecloths, and chalkboard menus, kids **explore the Bible** as a cookbook filled with recipes for **living out God's word**. Through **interactive lessons**, that are easy for kids to **apply to their lives** today, boys and girls will celebrate **biblical festivals** that reveal ingredients for being a follower of God:

**Be ready for God
Give happily to God
Believe fully in Jesus
Remember Jesus often
Celebrate God forever**

Registration forms will be available in mid-February

HELP NEEDED NOW :

Can you do this?.....

THE TWO TASKS BELOW ARE ESSENTIAL IF WE ARE TO REACH OUR GOAL OF 65 PARTICIPATING CHILDREN !

TASK ONE: We are in need of someone to take our two outdoor signs to **Fastsigns** to have dates changed and then put up the signs during the week of April 25.

TASK TWO: We need people to display small VBS posters in local businesses and to take flyers to area neighborhoods. The former needs to begin the last week of March; the latter needs to begin earlier – in mid February.

**Contact Becky Loggins a.s.a.p. if you are willing and able to help! Email bg18@comcast.net
Phone 201-0571**



What's Going on with CHILDREN'S MINISTRIES



- In the Narthex – Always available: copies of a leaflet entitled *Making Room for Children in Worship*, copies of the current *Sunday School Notes*, Sunday School registration forms, and *Children's Worship Bulletins* on clipboards with crayons. Make sure your child also receives a regular bulletin! Pick up a copy of *Sunday School Notes* occasionally to stay "in the loop" about what the young ones in our church family are doing!

- Sunday, Feb. 6 – First Sunday Children's Church for age 4 through 1st grade. Following "Moments with the Children" during the service, the children walk with Ms. Loggins to room 200 for the *Godly Play* story of *The Parable of the Sower*, work response, scripture reading, and prayer. These sessions are held on the first Sunday of every month, October through May. This is a wonderful way to begin your child's participation in worship! In Sunday School, Library Time for the Class of the Dove (2-3 year olds) in addition to their regular lesson. Thank you to our librarian, Kaye Keyes! *Godly Play* lesson with the 4th-5th grades class.

- Sunday, February 13 – 1st-3rd grades class assembles Freedom House lunches. *Godly Play* lesson with 4 years old – kindergarten class. Regular lessons in other classes.

- Sunday, February 20 – *Godly Play* lesson with the 2-3 year old class. Regular lessons in all other classes.

- Sunday, February 27 – *Godly Play* lesson with the 1st-3rd grades class. Regular lessons in all other classes.

- Vacation Bible School July 18-22
Shake it Up Café – Where Kids Carry Out God's Recipe. Mark your calendars and sign up to help at the display in Duntreath Hall.

- Every Sunday, Sept. through May (except December 26) – **Children's Sunday School** arrival time is 9:25 and dismissal is at 10:40.



Children's Ministries Wish List

- *Pieces of corrugated cardboard 12" X 20"

- *Crayola LARGE crayons

- *small bottles Elmer's White Glue

- *Crayola washable markers - Classic Colors

- *Glue sticks

- *6-pack boxes of Model Magic, natural colors (found at Michael's or

- Ben Franklin) – 6 small individual packs in a box
- *small wood pieces ("scraps")

Items can be brought to the church office during the week (label them "for children's Sunday School") or to room 205 on Sunday mornings.

-Becky Loggins, Director of Children's Ministries

In Between Epiphany and Lent in Children's Sunday School

During the Christmas/Epiphany Term, we are in between Epiphany and Lent. This year, since Easter will be one day short of the latest date possible, the current term is ten Sundays (longer than usual). Each of the Sunday School classes is experiencing two *Godly Play* lessons instead of the usual one per term.

CHURCH CALENDAR



2011

SUN	MON	TUES	WED	THURS	FRI	SAT
<p><i>Valentine's Day</i></p>		1 4:15 SPARC 10:15 am Circles 3,4 1:30 pm Circle 5 7 pm DISCIPLE 8 pm - Pops Band	2 5:30 pm- Tuckadings 6:00 pm- Dinner 6:30pm - Conf. Class 7:30 pm- Handbell 7:30 pm - Endowment	3 7 am Men's Bible Study 7:30pm CHOIR REHEARSAL 8 pm AA Meeting	4 *	5 9:45 am SPARC RALLY DAY WPC Bring Sack Lunch
		6 Centsability Offering 9:30 Sunday School 11am Worship 12:00 Fellowship 12:00 Fellowship -- Committee 6:00 DISCIPLE 6pm YOUTH - Super Bowl Party - Bring Sack Lunch	7 4:00pm SPARC 4 pm Swing Band 7:00 CIRCLE 2 at R. Langdon's home	8 4:15 SPARC 5:30 pm Emergency Shelter Meal 7 pm DISCIPLE 7:30pm Stewardship 8 pm - Pops Band	9 5:30 pm- Tuckadings 6:00 pm- Dinner 6:30pm - Conf. Class 7:30 pm- Handbell 7:30 Property Div 7:30 Worship// Membership Div	10 7 am Men's Bible Study 7:30pm CHOIR REHEARSAL 8 pm AA Meeting 6-30 pm - 9:00 pm NEIGHBORHOOD CRIME WATCH
13 9:30 Sunday School 11am Worship 12:00 Fellowship 12:00 SESSION RECEIVES NEW MEMBERS 6:00 DISCIPLE 6pm YOUTH	14 12 N - Lunch Bunch 4:00pm Swing Band 4:00pm SPARC 7:00pm Outreach Div 7:30pm Christian Formation Div VALENTINE'S DAY	15 8:30 am, TUCKAHOE ARTISTS 4:15pm SPARC 7 pm DISCIPLE 8:00pm Pops Band	16 5:30 pm- Tuckadings 6:00 pm- Dinner 6:30pm - Conf. Class 7:30 pm- Handbell 7:30pm - Diaconate Meeting	17 7 am Men's Bible Study 7:30pm CHOIR REHEARSAL 8 pm AA Meeting	18 * TORCH DEADLINE	19 9:45 am SPARC
20 9:30 Sunday School 11am Worship 12:00 Fellowship 6:00 DISCIPLE 6pm YOUTH	21 4:00pm SPARC 4:00pm Swing Band 7:00pm Adm/Pers. 8:00pm VA Kennel Club - Wilson Hall	22 10 am PW Meaeting 3:30pm Hilliard House 4:15pm SPARC 7 pm DISCIPLE 8:00pm Pops Band	23 5:30 pm- Tuckadings 6:00 pm- Dinner 6:30pm - Conf. Class 7:30 pm- Handbell 7:30pm - Session Meeting	24 7 am Men's Bible Study 7:30pm CHOIR REHEARSAL 8 pm AA Meeting	25 * 10:00 am Brandon Women's Club	26 9:45 am SPARC
27 9:30 Sunday School 11am Worship 12:00 Fellowship 6:00 DISCIPLE 6pm YOUTH	28 4:00pm SPARC 4:00pm Swing Band	<p>The month of February was designated in ancient times as a month for purification before the commencement of Spring. Candlemas, on February 2nd, is in fact the midpoint of winter – half way between the shortest day and the spring equinox. Traditionally, snowdrops first bloom on this day, giving us hope and reminding us spring will come.</p>				

SIGN-UP SHEET

"GUESS WHO'S COMING TO DINNER"

On Saturday, March 19, 2011, at 6 p.m.

_____ **I WILL COME TO DINNER.** I WILL NOT TELL
ANYONE I AM COMING. _____

_____ WILL COME WITH ME.

NAME: _____

TELEPHONE #: _____

E-MAIL ADDRESS: _____

_____ **I WILL HOST A DINNER.** _____ (number
of people who can be invited to come to my home).

NAME: _____

ADDRESS: _____

TELEPHONE # _____

FILL IN AND DROP IN BOX MARKED
"GUESS WHO'S COMING TO DINNER"
LOCATED IN PARLOR

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ADDRESS: _____

TELEPHONE # _____